

# Middle School

## BREAKFAST MENU

	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
Traditional	Pancake French Toast Sausage Patty	Scrambled Eggs & Ham Breakfast Bar Oatmeal/ Cinn Toast	Cinnamon Roll Donut Sausage Link	Oatmeal/ Cinn Toast Cheese Toast Bft Hot Pocket	Biscuit w/gravy Donut Steak Fingers
American Pride	Sausage Biscuit	Egg & Cheese Biscuit	Sausage Kolache	Variety of Tacos	Sausage Biscuit
Quick Stop	Cereal/ Toast Yogurt/ Grahams	Cereal/ Toast Yogurt/ Grahams	Cereal/ Toast Yogurt/ Grahams	Cereal/ Toast Yogurt/ Grahams	Cereal/ Toast Yogurt/ Grahams

Choose 3-4 items for reimbursable meal. Milk, juice, fruit or vegetable must be selected to make reimbursable breakfast. Menus subject to change without notice due to availability of food items.

Selection of skim, 1% lowfat, chocolate, strawberry, and vanilla milk choices available for breakfast and lunch. Fresh Fruit offered daily as fruit choice or a la carte.

## LUNCH MENU

Week:	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
Aug 25, Sept 8, Sept 22, Oct 6, Oct 20, Nov 3, Nov 17, Dec 8, Jan 5, Jan 20, Feb 2, Feb 16, Mar 2, Mar 23, April 6, April 20, May 4, May 18, June 1	Spaghetti w/ Meatballs or Chicken Parmesan on Pasta Broccoli Rosey Applesauce Mixed Green Salad	Chicken Fried Steak or Chicken Nuggets Cream Gravy  Mashed Potatoes Green Beans Fruit Cocktail Wheat Roll	Enchiladas w/ Chili or Spicy Chicken Burger  Spanish Rice Lettuce & Tomato Pinto Beans Pineapple w/ grapes	Chili Dog or Chicken Tenders  Potato Tots Lettuce & Tomato Sweet Corn Peaches w/ strawberries	Pepperoni Pizza or Fish Nuggets  Macaroni & Cheese Mixed Vegetables Blushed Pears Wheat Roll
Sept 2, Sept 15, Sept 29, Oct 14, Oct 27, Nov 10, Dec 1, Dec 15, Jan 12, Jan 26, Feb 9, Feb 23 Mar 16, Mar 30, April 13, April 27, May 11, May 26	Chicken Parmesan on Pasta or Pizza Sticks w/ Marinara Broccoli Rosey Applesauce Mixed Green Salad	Steakfingers or Oven Fried Chicken Cream Gravy  Mashed Potatoes Green Beans Fruit Cocktail Wheat Roll	Soft Chicken Tacos or Corndog  Spanish Rice Lettuce & Tomato Pinto Beans Pineapple w/ grapes	BBQ on Bun or Beef & Bean Burrito  Potato Smiles Lettuce & Tomato Sweet Corn Peaches w/ strawberries	Pepperoni Pizza or Salisbury Steak  Steamed Rice Mixed Vegetables Blushed Pears Wheat Roll
<b>Burger Cart</b>	Hamburger Chicken Burger Potato Wedges Lettuce Tomato Salad Rosey Applesauce	Hamburger Gr. Chicken Burger Mashed Potatoes Lettuce Tomato Salad Fruit Cocktail	Hamburger Spicy Chicken Burger Pinto Beans Lettuce Tomato Salad Pineapple w/ grapes	Hamburger Hot Dog Potato Tots Lettuce Tomato Salad Peaches w/ strawberries	Hamburger Fish Burger Seasoned Potatoes Lettuce Tomato Salad Blushed Pears

Deli Kit Choices	Ham & Cheese	Turkey & Cheese	Ham & Cheese	Turkey & Cheese	Ham & Cheese
	Tuna Sandwich	Cheese Sandwich	Chicken Salad Sandwich	Chicken Salad Sandwich	Sub Sandwich
	Peanut Butter & Jelly	Peanut Butter & Jelly	Peanut Butter & Jelly	Peanut Butter & Jelly	Peanut Butter & Jelly

Deli kits consisting of choices of cold sandwich, fruits and vegetables, & pretzels or baked snacks available everyday.

Also available:	Tuna Salad	Chef Salad	Taco Salad	Chicken Salad	Chef Salad
	Tuna Salad Sandwich	Cheese Sandwich	Chicken Wrap	Chicken Salad Sandwich	Sub Sandwich
	Baked Potato Meal	Baked Potato Meal	Baked Potato Meal	Baked Potato Meal	Baked Potato Meal
	Yogurt & Fruit Kit	Yogurt & Fruit Kit	Yogurt & Fruit Kit	Yogurt & Fruit Kit	Yogurt & Fruit Kit

Fruit and/ or vegetable and bread components are offered if not included in item listed.

Students may decline any food items. If 3-5 items are not selected for reimbursable meal, students will be charged a la carte prices.

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Thanksgiving Dinner - Nov.11

Holiday Meal - Dec.9

**A la carte selections will be offered daily.**